

IS MY CHILD USING DRUGS ?

Signs parents should look for in their children's behavior.

- ▶ Withdrawn, tired, and careless about grooming.
- ▶ Hostile and uncooperative, frequently breaks curfew.
 - ▶ Verbally or physically abusive.
- ▶ Relationships deteriorate, New group of friends.
- ▶ Lies about activities, Grades and school attendance slips.
- ▶ Reduced memory or attention span, Loses interest in favorite activities.
- ▶ Extreme weight loss or gain, Eating and sleeping patterns change.
 - ▶ Rebellious, overreacts to criticism.
- ▶ Cheats, steals, always needs money or has large sums of money.
- ▶ Eyes are red-rimmed and/or nose runny but does not have a cold.

Using drugs becomes more important than family, friends, and career. Even the most basic needs for food, clothing and shelter are no longer important to a drug user.

If you think your child may be in trouble seek professional help.

Support Groups

Alcoholics Anonymous World Service

Institute of Drug Abuse

www.aa.org

www.nida.nih.gov

Al-Anon Family Group Headquarters

Clearinghouse for Alcohol

www.al-anon-alateen.org

www.health.org

Toughlove International

Substance Abuse

www.toughlove.org

(301) 443-0365

Narcotics Anonymous

Substance Abuse

www.wsonic.com

(800) 662 HELP

Federal

National

(NIDA)

Nat'l

and Drugs Info

Center for

Prevention

Center for

Treatment